

CHARLES HOUSE ASSOCIATION

Helping People Age the Way They Have Lived

NEWSLETTER

AUTUMN 2011

Ancient Music at Charles House-Hillcrest



Although music is an important (and daily) practice at Charles House-Hillcrest, few of the participants or staff had heard or seen a crumhorn or viola da gamba until Kay Bailey brought her Baillie's Branslers (pronounced "brawlers," a French dance) for an afternoon of Renaissance music. The ensemble includes soprano, alto, tenor, and bass recorders as well.

Kay, who is a youthful 80 years old, started the group about 20 years ago when she was asked to teach beginning recorder for Duke Institute for Learning in Retirement (DILR, now known as OLLI, the Osher Lifelong Learning Institute). There are about 20 "Branslers," mostly retirees. They play for retirement homes around the area and are planning a special holiday program at Carol Woods.



Kay Bailey and her "Branslers"

The Charles House staff continues to bring a wide and eclectic selection of music and other activities to enrich the lives of the Charles House participants. We look forward to what they come up with next!



Jim Key and Bonnie Joyner

Physical Therapy Helps Elders Age in Place and Stay Healthier

Physical therapy can restore or increase strength, range of motion, flexibility, coordination, and endurance -- as well as reduce pain. It is important in improving balance and preventing falls, one of the major health risks for seniors.

Jim Key used to be an athlete – he played tennis and was an avid walker. His wife noticed how stiff he was getting, and felt that he needed more than the daily chair exercise provided at Charles House. Bonnie Joyner, a Carolina grad who has been a physical therapist for 33 years, works with several clients at Charles House Hillcrest and Yorktown. Her goal is to keep seniors moving in their homes and communities, so they may not have to move to an institution such as a skilled nursing facility.

Bonnie works for Hillsborough-based ElderFit, which provides personalized outpatient physical therapy services for seniors. Generally, clients have to travel to a clinic for PT unless they are home-bound and receive visits from Home Health. Bonnie is able to work with people in familiar settings such as Charles House-Hillcrest or Yorktown, (continued on p.2)



Charles House-Yorktown: Fall Planting Brings Spring Blossoms

Over the past 26 years, NC Beautiful, in partnership with Capital Broadcasting and WRAL, has provided 250,000 azaleas to over 3,000 non-profit organizations.



On Saturday, October 8, friends and volunteers gathered at Charles House-Yorktown to plant 50 of these beautiful azaleas for the residents to enjoy. The day's farmers included Kathy Klein, daughter of the former owner of the Yorktown house, the Hinsdale family, including Marjorie Hinsdale Shouse and Marshall Shouse, members of the local Girl Scout troop who live in Heritage Hills, and Service Learning students.



The residents have also been busy planting pansies and tending their thriving herb garden. We look forward to spring, when the azaleas and the Charles House-Yorktown garden will be in full flower.



The Charles House-Yorktown Family: Joan Preiss, John Ferris (staff) Oppie Adams, Dorothy Whelan, Rochelle Ragusa, Lorena Custer, June Fearington (staff), Zoe Wells

FROM THE PRESIDENT

BETH TILLMAN

Dear Friends of Charles House,

At the annual meeting of the Charles House Association in October, the board of directors installed new officers. I am honored to serve as president, to be joined by DuVal Byrd as vice-president, Luke Riggsbee as secretary and Cindy Skocik as treasurer.

We are pleased to introduce the newest member of our board, Debbie Frazier, who volunteered with the first Charles House Tennis Benefit in the spring. She has been a financial advisor in the community for nearly 3 decades and has served on other nonprofit boards before coming to Charles House. Debbie is well aware of the issues faced by caregiving families as she helps care for her mother who has Alzheimer's.

This has been an eventful year for Charles House Association with the expansion of our mission to include Eldercare Homes, a new model of residential eldercare. After the March opening of Charles House-Yorktown in Heritage Hills, our first neighborhood eldercare home, six ladies quickly settled in as the first residents.

May was the month of the first Charles House Tennis Benefit, hosted by the Chapel Hill Country Club and the UNC Faculty-Staff Recreation Association at The Farm. Kitty Harrison was Special Guest Host for this inaugural event which brought together generous members of tennis clubs throughout the community. The event was successful in raising community awareness of Charles House and the needs of caregiving families, as well as in bringing in nearly \$14,000. The proceeds from this event were designated for the furnishing of the new Eldercare Home.

June marked the 21st anniversary of the opening of Charles House daytime eldercare center. The foundation built by the family of Charlie and Dorcas Jones (the original Charles) and the early supporters established a legacy which we strive to continue today.

The mission and work of Charles House Association is built upon the generous contributions of many volunteers and donors. With your financial support, we have grown the outstanding daytime eldercare program at Charles House, developed the model for Eldercare Homes and are poised to expand the Charles House approach to non-institutional, community-based eldercare.

(Physical Therapy, continued)

which allows the clients to relax more and focus on the exercises. She is also better able to work with clients who have cognitive deficits and can help them maintain their functioning for longer in a home or caregiving setting.

Bonnie makes physical therapy fun by practicing "camouflage therapy," sneaking in exercise as part of other activities. A nature walk can include gait training and conversations. "My goal is to keep clients mobile and participating in the world around them for as long as possible," says Bonnie. "At Charles House, I have the opportunity to provide both individual attention and praise, and my reward is watching them make steady gains. Everybody wins!"

2011 Family/Caregivers Survey Highlights

Almost half of the respondents noted improvement in emotional well-being and self-image of their family member, while over one-third indicated improvement in mobility, communication, social skills, and/or cognitive function. Here are a few of the comments about the outstanding Charles House staff:

- My gosh, I think they are awesome! They are so attentive and make my mom feel special and appreciated.
 - There need to be many more Charles Houses for the many people who need it and currently don't have a good, safe, happy place to go.
 - My mother leaves our home for Charles House in an enthusiastic mood. She'll wait by the door if I'm behind schedule. She sings on the way and arrives with a flourish, this is how I know she gets good attention while there.
- WE LOVE CHARLES HOUSE!

Charles House Association

109 Hillcrest Ave.
Carrboro, NC 27510
(919) 967-7570
Paul Klever, Executive Director
paul@charleshouse.org
www.charleshouse.org



Daytime Elder Center Hours of Operation:

Monday through Friday: 7:30 to 5:30
Saturdays: 9:00 to 4:30

Certification: Charles House Daytime Eldercare Center is certified by the State of North Carolina Department of Health and Human Services, Division of Aging, to operate as an Adult Day Care Program.

Charles House-Yorktown Eldercare Home is licensed as a Family Care Home by the State of North Carolina Department of Health and Human Services, Division of Health Services Regulation

Enrollment: Families interested in exploring Charles House are encouraged to call the office to arrange a visit. After an initial assessment and a trial period, enrollment is completed when it is determined that the participant is appropriate for the program. Participants are scheduled for regular attendance, based upon family needs and program availability.

Limited scholarships are available for families in need. Financial Assistance is made possible by community donors.

Charles House Association is a non-profit 501(c)3 organization. Financial information about this organization and a copy of its license are available from the State Solicitation Licensing Branch at (919) 733-4510. The license is not an endorsement by the state.

We gratefully acknowledge these donations, November 2010 - October 2011

MEMORIAL DONATIONS

Jo Behrendt

Elisabeth Curtis

Wayne Bowers

Maryellen Bowers

Valerie Johnson Brown

Carol Brown

Virginia Brown

Ginger Horton

Donald F. Clifford, Jr.

Louise Clifford

Maria Cocker

Gary Cocker

Elana Duberman

Charles & Joan Angevine

Stephen & Judith Barrett

Jacqueline Castle

Robert & Diane De Vido

Fearrington Havurah

James & Ann Guthrie

Betty & Chuck James

Leonard & Ruth Kreisman

Arnold & Annette Levine

Alan & Amy Levine

Dorothy & Jules Samitz

Harry & Judith Wurster

Charles Freiman

Agna Boass

Mrs. Alan Fromme

Dennis & Linda Ellis

Edward L. Frost

Lois Frost

Doris Gilbert

Lawrence Gilbert

Jimmy Gordon

Brian & Amy Feezor

Marjorie Gordon

Robert Gordon

Mary Griffin

Ruth Peninger

Ruth C. Hackett

Mark & Sylvia Hackett

Clarence Hargraves

Becky & Michael Bradley

Maxine Harden

Becky & Michael Bradley

Mildred Harrison

Melody Harrison Savage

Paula Smith

Genevieve C. Hill

Richard & Judith Gonzalez

Katherine G. Harrison

Ken Hinsdale

Marion Hinsdale and Family

Charles & Dorcas Jones

Nancy & Paul Bless

Charles Jones & his family

Mary Merritt

Margaret M. Leavitt

Rod & Ellen Ironside

Violet Lecus

Bruce & Rhonda Lecus

Sally Lee

Bonnie & Neil Jacobsen

Paul Martino

Cheryl Saposnick & Family

UNC Survey Research Unit

& Dept. of Biostatistics

Clair Levitt

Caroline Resnick

Walter J. Lewis

Clara M. Lewis

Robert Mace

Larry & Rachel Goldberg

Tack Melcher

Nannette Melcher

Adelle Miller

Ruth Miller

Ivy Nogle

Carol Lucas

Ed Norfleet

Carol Lucas

Florence Payne

Ruth & Sterling Copeland

Jean Estrada

Carol Jenkins

Jill Mayer

Diana McDuffee

Margaret Moor

Julia Shaw-Kokot

M. Lydia Stuckey

Gary Phillips

Donna Phillips

Norma & Rex Pratt

Scott & Michele Rutherford

Ralph Resnick

Caroline Resnick

Elizabeth Sher

Jack & Jane Rogers

Elizabeth Holsten

Ruth "Tan" Schwab

John Schwab

Earl Siegel

David & Joann Rubin

Julia Studinka

Judy Murray

Beulah Watts

Billy Watts

Ruth S. Wright

Joyce W. Jenzano

Charles House Association Board of Directors

Beth Tillman, President

Attorney, Tillman, Hinkle, Lackey, PLLC

DuVal Byrd, Vice-President

Division Controller-Real Estate Group;
Capital Broadcasting Co., Inc.

Luke Riggsbee, Secretary

President, Carolina National Insurance

Cindy Skocik, Treasurer

Chief Financial Officer, Castle Worldwide, Inc.

Melvin S. Hurston, Past President

Senior Vice President, Professional & Support Services,
UNC Hospitals

Dickie Andrews, Andrews & Associates Realtors**Jan Busby-Whitehead, MD**

Chief, Division of Geriatrics, UNC Program on Aging

Deborah J. Frazier, MBA, Frazier Financial Consultants, LLC**Patty M. Hill, Professor Emeritus, UNC School of Nursing****Norman Klase, Director of Human Resources, UNC Health Care****Caroline Resnick, Former Family Caregiver, Retired Teacher****Jerry Salak, Director, Alumni and Donor Relations,
Gillings School of Global Public Health, UNC****Philip Sloane, MD, MPH**

Associate Chair, Department of Family Medicine, UNC

CHARLES HOUSE ASSOCIATION

Since 1990, Charles House Association has operated our community's daytime adult care center. Charles House-Hillcrest provides a warm, welcoming environment for participants to enjoy their day among friends, feel productive, and contribute to their community.

Serving up to twenty-two people daily, the Charles House program is an exemplary model of non-institutional care, activity and social engagement. The professional and dedicated staff lead group and one-on-one activities that promote socializing, creative expression, mental stimulation, and physical mobility. Exercise, discussions, games, music, gardening, and reminiscence are all part of the vibrant program. Home cooked meals offer sound nutrition and a friendly social time during the day. Flexible scheduling includes full-day and half-day options. Families choose the number of days which work best for them.

Charles House has expanded into residential care with Charles House-Yorktown Eldercare Home. Six residents live as part of a caring household in the Heritage Hills neighborhood.

Charles House caregiving families find the support they need to meet the demands of caring for aging loved ones, and find that participation in the Charles House program contributes greatly to their family member's health, self-esteem and quality of life.

THE MISSION OF CHARLES HOUSE ASSOCIATION:

Enriching the lives of seniors

Supporting families caring for aging family members

Representing the community's commitment to its elders

DONATIONS TO THE ANNUAL FUND AND SCHOLARSHIP FUND

William & Charron Andrews	Gary Cocker	Charles & Paula Head	James McEntire	Glady's Siegel
Dickie Andrews	Barbara & Jay Cooper	Donald & Eleanor Holloway	Eugen & Ann Merzbacher	Cynthia Skocik
Anonymous	James & Roberta Copeland	Mel Hurston	Ancell & Sylvia Mewborn	John & Frances Slavin
Tony Armer	Barbara Da Silva	Betty Hutton	Dr. Charles Milone	Philip Sloane
Ingrid & Guy Baird	Morris Davis	Betty James	Jane & Donald Misch	John Soltys
Allen & Judith Barton	Mr. & Mrs. Arthur DeBerry	Priscilla & David Jenkins	Susan & James Moeser	Marilyn & Joe Sparling
L.M. Ball	Karen Eldridge	Joyce W. Jenzano	Philip & Georgia Nelson	Robert Spransy
Jerrold & Barbara Berke	Nancy Fleckenstein	George Jenne	Stanley & Carolyn Peele	Leslie Syron
Ted & Anne Bigelow	Brad Fox & Janet Oldham	Ellen Johnson	Gary & Sherry Pelton	Lori & Barry Tenser
Ray & Verena Borton	Michael Frawley	Vern & Ann King	Jean N. Phillips	Beth Tillman
Michael & Rebecca Bradley	Deborah Frazier	Marilyn & Ted Koenig	Jack & Joan Preiss	Mary Jo & Leonard Tilley
Roy & Beppie Bradford	David F. Freeman	Allison Lee	Barbara Proctor & Samuel Wilburn	Toni Toppin
Kimberly Brewer	Virginia French	Virginia Lee	Barbara Raymond	Louise Toppin
Kenneth & Maggie Broun	David & Constance Freeman	Scotty Lee	Karsten & Carol Rist	Scott and Sue Uknes
Lorren Bryant	Kalyan & Abha Ghosh	Mary LeMay	Margaret Anne Rook	Hunter & Katie Wagstaff
DuVal & Lisa Byrd	Karin Griffiths	William Leuchtenburg	Cherie Rosemond	Zoe Wells
Ms. Stuart Burroughs	Sydney Gura	Paul & Caroline Lindsay	Rosalie Samson	Robert & Chris Whyte
Carol & Joe Bylinski	Joy Gurganus	Simone Lipman	John H. Schwab	Sam Wilburn & Barbara Proctor
Mary Trimble Cameron	Joe Hackney	Renee P. Luberoff	Robert & Pearl Seymour	Sheva Zucker
Michael & Diana Caplow	Mary & John Hammond	Raleigh & Betsy Mann	Kate & Gary Shaw	
Ray & Patricia Carpenter	Deborah & Ed Hauser	Sam Marion		

DONATIONS IN HONOR OF:

Roy and Beppie Bradford

*Don & Pat Kennedy
Enno Reckendorf
Carole & James Selkirk*

Sue Brewer

Rod & Ellen Ironside

Fern Bush

Beverly & Dan Patterson

DuVal Byrd

Capitol Broadcasting Co, Inc.

Charles House Staff

*Sue & Donald Brewer
John & Betty Gush
Helen & Ken Jooss
Pam & Michael Moffat
Rochelle Ragusa
Mary Jo & Leonard Tilley
Becky Trangenstein &
Lorena Custer*

Lorena Custer

Gary & Sherry Pelton

Agnes Doberstein's Birthday

Catherine Beemer

Rev. & Mrs. Al Fisher;

Dr. George Penick
Barbara & Jim Grizzle

Rosa Gattis

Margaret Parker

John & Betty Gush

*Barbara Migliara
Kay French
Theresa Higgins*

Mel Hurston

James & Mary Beck

Kurt Jenne

George Jenne

Debbie Martin

Nina Hackney

Gary's 70th birthday

Donna Phillips

Jerry Salak

JoAnne & Shelley Earp

Ralph Smialowicz

Lynda Tamblyn

Mildred Stern

*Workman Publishing Co.
Ida Stern*

DONATIONS IN SUPPORT OF CHARLES HOUSE-YORKTOWN ELDERCARE HOME

Kathy Arab

Allen & Judith Barton

Sue Bernstein

Louann Borer

Amanda Borer

Julie Borer

Rebecca & Michael Bradley

Becky Brickner

Beverly Cowdrick

Brad Fox

Tamara Hoffner

Sonia Holman

Clair Jenne

Melinda Kaufman

Vernon & Ann King

Chad & Julie Lefteris

Jim McEntire

Mary Moutoux

Matthew Peretin

Jerry Salak

Cindy Skocik

Sally Vasbinder

Sheila Walsh

Bonneville Renovation & Repair

Bryan Boer, Jeff Boer, David Boer:
Boer Brothers Heating & Cooling

Cray and Kathy Gunn,

Custom Carpentry Group

***Special Acknowledgement to Marion Hinsdale and family:
Marjorie Hinsdale Shouse and Marshall Shouse for the
donation and installation of the landscaping of Charles
House-Yorktown, in memory of Ken Hinsdale.***

GRANTS AND OTHER FUNDING

Mary Berman Charitable Trust
Bertsch Family Charitable Foundation
Church of St. Thomas More
Community Church of Chapel Hill
Thomas H. Maren Foundation and the
TH Maren/SK Fellner Fund at
Triangle Community Foundation
State Employees Combined Campaign

United Way of the Greater
Triangle
Wide Waters Fund of Triangle
Community Foundation

Human Services Funding

*Orange County
Town of Carrboro
Town of Chapel Hill*

Charles House Association publishes a bi-annual newsletter.
Editor: Susan Siegel. Photos by Charles House staff unless credited.
Call Charles House for information/suggestions, or email:
communications@charleshouse.org

CHARLES HOUSE ASSOCIATION Community Advisory Council

Many community leaders are lending their expertise and advice to assist Charles House Association in creating Eldercare Homes. Charles House is grateful for the consultation of these members of the Community Advisory Council:

*Susan Bernstein
James A. Bryan II, MD
James L. Copeland
B. Anthony Lindsey, MD
Nina Hackney
Joan Huntley
Lillian Lee
Carol Lucas*

*Sandy McClamrock
John B. Morris, III
Georgia Nelson
Susan Moeser
Linda Riggsbee
Maria Scanga
Robert Seymour*

DONATIONS TO THE FIRST ANNUAL CHARLES HOUSE TENNIS BENEFIT

Yvonne W. Acker
 Jim Ackerman
 Mary Bryan Adair
 Mary Stuart Alfano
 Anonymous
 Carol Baer
 Lynda Baddour
 Angela Barbee
 Coyla Barry
 Linda Barry
 Susan Beatty
 Bradford Becken Jr.
 Nancy Benjamin
 Susan Bernstein
 Debra Bevin
 William Blackman
 Linda Bowen
 Christy Bowman
 Marcella Bria
 Jennifer Browning
 Jessica Bumgarner
 Linda & Cliff Butler
 Margaret Campion
 Kit Carson
 Millie Chalk
 Nancy Cidlowski
 Milton Cooke
 Marlene Dickison
 Stan Duberman
 Mary Jo Dunnington
 West Dupuis
 Lynn Edgar
 Courtney Edwards
 Dennis & Linda Ellis
 Lucy Falk
 Kathleen Fitts
 Mary Fraser
 James & Jeanne Freedman
 Lynn Fromme
 Sheana Funkhouser
 Justino Garfio
 D'Ann George
 Dan George
 Len Grande
 Karen Graves
 William & Elizabeth Greenlee
 Dianne Griesser
 Lee Harris
 Kitty Harrison
 Rachel Hawkins
 Frances Henderson
 Gary Hill
 Patty and Gary Hill
 Doreen Hostetler
 Robin Howarth
 Paul Ising
 Besty and Christopher James
 Marilyn Johnson
 W. Daye and Beverly Jones
 Andrea Knight
 Suzanne Laguna
 Virginia Lee

Scotty Lee
 Alan Levine
 Diana Lynds
 Bill Marcella
 Lynne McCormick
 Eileen McWilliam
 Nancy Merritt
 Eugene & Nancy Milczanowski
 Elston Miles
 Lauren Millar
 Donald & Jane Misch
 Susan Moeser
 Susan Moody
 Linda White Moore
 Claire Morehouse
 Judy Morris
 Margaret Morris
 Mary Mountcastle
 Olga Murphy
 Steven Newton
 Ginger Norfleet
 Martyvonne Nour
 Sarah Owen
 Deborah Pasteur
 John & Jill Paul
 Barry Pea
 Dick & Jean Phillips
 Piedmonth Electric
 Marylin Pizer
 Ellen Reich
 Gail Reynolds
 RF Film
 Carol Richards
 Linda Riggsbee
 Jennifer Rouseau
 Betty Rudo
 Dawn Ruston
 Nancy Salmon
 Maria Scanga
 Judi & Ted Seagroves
 Carol Shaw
 Emma Shaw
 Kate E. Shaw
 Robin Sheedy
 Gladys Siegel
 Karen Sindelar
 Steven Skolsky
 Cristina Smith
 Randy Smith
 Moyer Smith
 Sharon Smoski
 Daniel Sternbach
 Wivi Sternbach
 Shelayne Sutton
 Kathryn Taylor
 Ann Terhune
 Rebecca Tomasini
 Heidi Tyson
 Berna Villalobos
 Julia Vozella
 Allison Wallace

Sheila Walsh
 Ramelle Waters & Fred Stevens
 Scott Winokur
 Anne Winslow
 Lee Wollman
 Allison Lee Worthy
 Sun Young Yoo
 Debra Zinn

PLAYER SPONSORS

Robert DeVido
 D'Ann and Dan George
 Kitty Harrison
 Kate Shaw
 Susan Bernstein
 Piedmont Electric Member
 Cooperative

PRIZE/RAFFLE DONORS

Lynda Baddour
 Lindsay Benton
 Chapel Hill Restaurant Group
 Todd Ching
 Dr. Sue Ellen Cox at Aesthetic Solutions
 Dovecote, Fearington Village
 Dr. Beth Goldstein, Central Dermatology
 Caroline Hill
 Shamie Kroes, Jean Josephus Hair Design
 Jim McDonald
 Sam Paul and Brian Kalbas
 Caroline Resnick
 Rebecca Tomasini, Top of the Hill
 Richard Walters
 Allison Wonack, Village Beauty Shop,
 Fearington Village

COURT SPONSORS

Jan Busby-Whitehead
*In honor of Robert & Pearl Seymour
 and Bill & Ida Friday*

CHCC 4.0 Survivors

CHCC Court Hogs

CHCC 3.5 Seniors

CHCC Overserved/Racquetts

Colony Woods Gang

In memory of Ed Norfleet

Frazier Financial Consultants

*In honor of Debbie Frazier's
 mother, Dorothea Burkett*

John and Donna Frick

In honor of Charles House

Lynn and Steve Fromme

*In loving memory of Madeline &
 Charles Brown and
 Babs & Allan Fromme*

Gary and Patty Hill

*In honor of Katherine (Kitty)
 Harrison*

**Gary Hill, CCIM, Real Estate Advisor,
 Grubb & Ellis and**

Thomas Linderman Graham

*In honor of Mrs. Genevieve Hill
 and Mrs. Etta Maynard, two Great
 Grandmothers who love tennis*

Friends at Hollow Rock

Hollow Rock Members

In honor of Dorothy Whelan

Pink Crush Team at Hollow Rock

Cynthia and David Kahler

Paul Klever

*In honor of the Charles House
 Association Board of Directors and
 Community Advisory Council*

Virginia and Scotty Lee

Jim McEntire

*In honor of Charles House
 Volunteers*

Caroline Resnick

*In honor of Paul Klever, Charles
 House Executive Director*

**Family & Friends of Caroline &
 Ralph Resnick**

In memory of Ralph Resnick

Family of Fran Salak

In memory of Fran Salak

Susan Smialowicz & Family

In honor of Ralph Smialowicz

Tennis Teams at The Farm

Triangle Tennis League Teams

In honor of Burnie Patterson

at The Farm

The Walters Family

*In memory of Dorothy &
 Fred Walters*

Triangle Orthopaedic Associates, PA

EVENT SPONSORS

CHCC Aces

For Our Parents

Mel Hurston

*In memory of his mother,
 Suellen Gaut-Hurston, who
 experienced dementia in the
 final years of her life and would
 have benefited greatly from a
 place like Charles House*

Brian and Moyra Kileff

In memory of Doris Kileff

Julie and Tony Lindsey

Carol Lucas

*In honor of Sean Lucas and Aaron
 Peterson, 1988 NC High School
 Tennis Division 4A Men's Doubles
 Champions; and In memory of Ivy
 Nogle, who so much enjoyed
 being part of Charles House the
 last 3 years of her life*

Robert and Jane McKee Slater

In honor of Jean McKee Slater

**Omega Sports, New Hope Commons,
 Durham NC**

CHARLES HOUSE ASSOCIATION

109 Hillcrest Ave
Carrboro, NC 27510

Nonprof it Org.
U. S. Postage
PAID
Perm it No. 3
Chap el Hill , NC

Serving Seniors and Their Families Since 1990

CHARLES HOUSE ASSOCIATION
Helping People Age the Way They Have Lived

AUTUMN 2011

DAYTIME ELDERCARE CENTER
AND ELDERCARE HOME
109 HILLCREST AVENUE
CARRBORO, NC 27510
(919) 967-7570
FAX: (919) 967-7576

www.charleshouse.org



CHARLES HOUSE -
HILLCREST



CHARLES HOUSE -
YORKTOWN