

# CHARLES HOUSE ASSOCIATION

*Helping People Age the Way They Have Lived*

NEWSLETTER

SPRING 2012

## TENNIS - EVERYONE! SECOND ANNUAL CHARLES HOUSE TENNIS BENEFIT



*Players and Pros get ready for action at the Chapel Hill Country Club (photo by Kevin Bowman)*



*Paul Klever, CH Board Member  
Caroline Resnick, Amanda Borer*

Seventy-six tennis enthusiasts competed on May 5 at the Second Annual Charles House Tennis Benefit, hosted by the Chapel Hill Country Club and The Farm (UNC Faculty-Staff Recreation Association). In addition to the Round Robin play, participants enjoyed Round-the-World and Fast-Serve competitions and an exhibition by the outstanding tennis pros. A silent auction, raffle, and gala luncheon rounded out the festivities. Luncheon guest host and former UNC tennis coach Kitty Harrison shared her thoughts with us:

*"I don't think I ever thanked you properly for inviting me to be the Hostess for this year's Charles House Benefit Tournament. It was, as last year too, loads of fun and very rewarding in every sense of the word. You obviously do a tremendous job there at Charles House and deserve high praise in every regard. I wish I had loads of money which I would love to give to Charles House above all the other things here in this community."*

Charles House board member and event chair Patty Hill was thrilled that this year's event raised \$20,000, exceeding last year's total of \$14,000, which will be used to help give Charles House-Hillcrest Daytime Eldercare Center a much-needed updating:

*"The tennis community and other friends embraced our Charles House Tennis Benefit, and they support Charles House as it helps older adults maintain as much independence as possible, and to age gracefully and with the dignity we all deserve."*

Congratulations to the winners and thanks to all our participants and generous donors. See more photos on page 4.

**Division 3.0 Winners:** Cristina Smith & Lynda Baddour and Runners-up: Mark Oakley & Linda Johnston

**Division 3.5 Winners:** Lynn Edgar & Susan Moeser and Runners-up: Susan Bernstein & Jill Beachler

**Division 4.0 Winners:** Chris Lloyd & Nate Brown and Runners-up: Scott Winokur & Luke Riggsbee



*UNC Tennis Team members Zoe De Bruycker, Gina Suarez, Shinann Featherston, Lauren McHale and Haley Henn with luncheon guest host and former UNC tennis coach Kitty Harrison*



*Tennis Benefit Committee members Linda Riggsbee, Lynn Fromme, Debbie Frazier, Chair Patty Hill*

## FROM THE PRESIDENT – BETH TILLMAN

Dear Friends of Charles House,  
As this issue of the Newsletter shows, this has been an active time in the life of Charles House.

We are so grateful to the hundreds of people in the community who participated in and supported the second annual Charles House Tennis Benefit, hosted by the Chapel Hill Country Club and The Farm: UNC Faculty-Staff Recreation Association. This event is helping to raise awareness of care-giving families and the role Charles House plays in supporting them and their aging family members.

Charles House-Yorktown Eldercare Home marked its first year with an open house celebration for residents, families neighbors and Charles House friends. Our first year has been an important time of learning as we work to improve and expand the model of neighborhood Eldercare Homes.

Our first Eldercare Home has become part of the Heritage Hills neighborhood, with neighbors volunteering to participate in the life of the home. We have learned a lot about the complexities of providing 24 hour care, working within the state's regulatory requirements while being responsive to residents personalities and family participation. This quote from one of the resident's family says a lot about what we are accomplishing: "I am always happy when I go to Yorktown. It is calm, loving, and peaceful. It doesn't feel like a group home or an assisted living home. It feels like a home."

The Charles House board of directors continues to work on the expansion Charles House's eldercare services to meet the growing needs of care-giving families. We have begun discussions with CapKov Ventures, the developer of the new Carrboro neighborhood Winmore, about the potential of a Charles House Eldercare Home being built to become part of the Winmore neighborhood.

I invite you, our Friends of Charles House, and others to contact Executive Director Paul Klever if you would like to learn more about Charles House services, including Eldercare Home number two.

Our thanks to the many Charles House families, volunteers, friends and donors who contribute so much to making Charles House an exemplary nonprofit organization and leader of eldercare services in our community.



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***Philip Sloane, MD, MPH***

Associate Chair, Department of Family Medicine, UNC

### CHARLES HOUSE ASSOCIATION

Since 1990, Charles House Association has operated our community's daytime adult care center. Charles House-Hillcrest provides a warm and welcoming environment for participants to enjoy their day among friends, feel productive, and contribute to their community.

Serving up to twenty-two people daily, the Charles House program is an exemplary model of non-institutional care, activity and social engagement. The professional and dedicated staff lead group and one-on-one activities that promote socializing, creative expression, mental stimulation, and physical mobility. Exercise, discussions, games, music, gardening, and reminiscence are all part of the vibrant program. Home cooked meals offer sound nutrition and a friendly social time during the day. Flexible scheduling includes full-day and half-day options. Families choose the number of days which work best for them.

Charles House has expanded into residential care with Charles House-Yorktown Eldercare Home. Six residents live as part of a caring household in the Heritage Hills neighborhood.

Charles House caregiving families find the support they need to meet the demands of caring for aging loved ones, and find that participation in the Charles House program contributes greatly to their family member's health, self-esteem and quality of life.

## SECOND ANNUAL CHARLES HOUSE TENNIS BENEFIT PLAYERS & DONORS

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#### Charles House

*FARM Chapel Hill United and CHCC Classics  
Kovens Construction*

#### Charles House and the great game of tennis for being such vital parts of our community

*FARM: Triangle Tennis Teams*

#### Our Farm Friends and Families

*FARM: Playmakers*

#### Kitty Harrison

*Gary and Patty Hill*

#### Ralph Smialowicz

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#### Charles & Dorcas Jones

*Betty and Roy Bradford,  
Charles House Founders*

#### Kurt Jenne

*Family of Kurt Jenne*

#### Claire Levitt

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#### Martha Hoanche

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## PLAYER SPONSORS

Christy Bowman  
Kitty Harrison  
Dawn Ruston  
Linda Bowen  
Elizabeth Greenlee  
Susan Bernstein

# Tennis – Everyone! *(continued from page 1)*

See more photos on the Charles House Facebook Page!



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**In Honor of and Memory of tennis-loving mothers:**  
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## Charles House-Yorktown Celebrates First Anniversary



Residents, families, neighbors, and friends gathered at Charles House-Yorktown on Sunday, May 6 to celebrate the first year of our Eldercare Home. In March of 2011, Charles House-Yorktown opened its doors to six residents. The homelike atmosphere in a community of caring neighbors continues the tradition of innovative, compassionate, and personalized care offered for over 20 years at the Charles House-Hillcrest Daytime Eldercare Center.

Ethel Adams, known as Oppie, was visited by her sister Ruth and niece Dorothy, who explained why Yorktown is such a special place. Oppie refused to move here from Philadelphia unless she could bring her cat. Heritage Hills neighbors Cathy and Mike read about her predicament on the neighborhood list serve. Not only did they take Junior as a foster cat and bring Oppie to visit him frequently, they also take her to church on Sundays. Dorothy, who works in Raleigh, also drives her mother Ruth to Charles House every day and says, "I could not hold down my job without Charles House. It's a lifesaver." Gabrielle, a volunteer, likes the mix of residents, which makes it more like a home and less like a facility. And staff member Lee appreciates that "The ladies have their independence." Read Oppie's poem at [www.charleshouse.org/yorktown.htm](http://www.charleshouse.org/yorktown.htm)



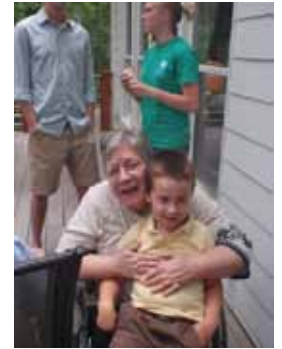
Joan Price with Jack and Andrew



Oppie with Dorothy and Ruth



Lorena Custer & family



Rochelle and Grant

## Scouts Brighten Charles House Gardens



Evan Ball built raised flower beds at Charles House-Hillcrest for his Eagle Scout project. "I choose this project because my grandmother had Alzheimers' and I wanted to give back to the people that have it. It was a lot of work but it was definitely worth it. I am really glad I got to do my project with Charles House and i hope my project lasts forever!!!"

"My name is Maya Marin. I planted an herb garden for the Charles House-Yorktown Eldercare Home in Chapel Hill for my Girl Scout Silver Award project. As a Junior Girl Scout, our Troop 1280 frequently visited the Charles House Daytime Eldercare Center. When the Charles House built the residential home in my neighborhood, I wanted to continue my relationship with the Charles House staff and the seniors that attended. I met with the staff there and we together decided to create an herb garden for the residents to enjoy."



## The Way of Tea



Visitors to Charles House-Hillcrest on May 16 might think they had wandered into a Japanese Tea House! Nancy Hamilton and other volunteers from the Duke Gardens Practice

Group created a tea house with tatami mats and a rice paper wall screen, complete with flowers and watercolor/calligraphy scroll. Two ladies (one of them a Charles House participant) were the guests in the tea house and were taken through the traditional brewing and serving of tea. Then all of the participants were offered the traditional sweets and a bowl of tea.



## We gratefully acknowledge these donations, November 2011-May 2012

### MEMORIAL DONATIONS

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*Special thanks to our Tennis Benefit  
volunteers and organizing committee:*

Patty Hill, Chair	Debbie Frazier	Caroline Resnick
Christy Bowman	Linda Bowen	Linda Riggsbee
Lynn Fromme	Maria Scanga	Susan Bernstein

and our amazing Pros - Lindsay Benton and Nate Lipson

## CHARLES HOUSE ASSOCIATION Community Advisory Council

Many community leaders are lending their expertise and advice to assist Charles House Association in creating Eldercare Homes.

Charles House is grateful for the consultation of these members of the Community Advisory Council:



*Susan Bernstein  
James A. Bryan II, MD  
James L. Copeland  
B. Anthony Lindsey, MD  
Nina Hackney  
Joan Huntley  
Lillian Lee  
Carol Lucas*

*Sandy McClamrock  
John B. Morris, III  
Georgia Nelson  
Susan Moeser  
Linda Riggsbee  
Maria Scanga  
Robert Seymour*

### Charles House Association

109 Hillcrest Ave.  
Carrboro, NC 27510  
(919) 967-7570  
Paul Klever, Executive Director  
paul@charleshouse.org  
www.charleshouse.org



### Daytime Eldercare Center Hours of Operation:

Monday through Friday: 7:30 to 5:30  
Saturdays: 9:00 to 4:30

**Certification:** Charles House Daytime Eldercare Center is certified by the State of North Carolina Department of Health and Human Services, Division of Aging, to operate as an Adult Day Care Program.

Charles House-Yorktown Eldercare Home is licensed as a Family Care Home by the State of North Carolina Department of Health and Human Services, Division of Health Services Regulation

**Enrollment:** Families interested in exploring Charles House are encouraged to call the office to arrange a visit. After an initial assessment and a trial period, enrollment is completed when it is determined that the participant is appropriate for the program. Participants are scheduled for regular attendance, based upon family needs and program availability.

Limited scholarships are available for families in need.  
Financial Assistance is made possible by community donors.

### THE MISSION OF CHARLES HOUSE ASSOCIATION:

**Enriching** the lives of seniors  
**Supporting** families caring for aging family members  
**Representing** the community's commitment to its elders

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